


S1. CHOCOLATES & COFFEES

	Cocoa flavour drink	Ref. 041201 £ 24.50 7 u./box
	Hot chocolate flavour drink	Ref. 041202 £ 24.50 7 u./box
	Dark chocolate flavour drink	Ref. 041203 £ 24.50 7 u./box
	Capuccino flavour drink	Ref. 041204 £ 24.50 7 u./box
	Mocha flavour drink	Ref. 041205 £ 24.50 7 u./box
	Coffee frappe flavour drink	Ref. 041206 £ 24.50 7 u./box
	Assortment of chocolate and coffee flavour drinks	Ref. 041299 £ 24.50 7 u./box



S1. BISCUITS READY TO USE

	Red fruits flavour biscuit	Ref. 042307 £ 25.50 7 u./box
	Orange flower flavour biscuit	Ref. 042308 £ 25.50 7 u./box
	Biscuits and dark chocolate	Ref. 042324 £ 25.95 5 u./box
	Biscuits and dark chocolate crunch	Ref. 042325 £ 25.95 5 u./box
	Biscuits and milk chocolate crunch	Ref. 042326 £ 25.95 5 u./box
	Biscuits and white chocolate crunch	Ref. 042330 £ 25.95 5 u./box
	Hazelnut flavour biscuit	Ref. 043106 £ 25.95 5 u./box
	Vanilla flavour biscuits	Ref. 043107 £ 25.95 5 u./box

S1. MOUSSES READY TO USE

	Chocolate flavour mousse + coulis	Ref. 042309 £ 18.90 4 u./box
	Vanilla flavour mousse + coulis	Ref. 042310 £ 18.90 4 u./box




S1. DELIGHTS READY TO USE

	Toffee flavour delight	Ref. 042803 £ 24.50 5 u./box
	Cherry flavour delight	Ref. 042809 £ 24.50 5 u./box




S1. COLD DRINKS

	Strawberry flavour drink	Ref. 041301 £ 24.50 7 u./box
	Orange flavour drink	Ref. 041302 £ 24.50 7 u./box
	Grapefruit flavour drink	Ref. 041303 £ 24.50 7 u./box
	Coconut flavour drink	Ref. 041304 £ 24.50 7 u./box
	Peach flavour drink	Ref. 041305 £ 24.50 7 u./box
	Watermelon flavour drink	Ref. 041306 £ 24.50 7 u./box
	Assortment of cold drinks	Ref. 041399 £ 24.50 7 u./box







S1. DRINKS READY TO USE

	Chocolate shake	Ref. 042301 £ 14.50 3 u./box
	Vanilla shake	Ref. 042302 £ 14.50 3 u./box
	Strawberry yogurt drink	Ref. 042303 £ 9.80 2 u./box

S1. BARS READY TO USE

	Double chocolate flavour bar	Ref. 042810 £ 27.00 5 u./box
	Strawberry yogurt flavour bar	Ref. 042811 £ 24.80 5 u./box
	Coconut flavour bar	Ref. 042812 £ 27.00 5 u./box

S1. TOASTS & CRISPS READY TO USE

	Melba toast	Ref. 042315 £ 25.10 5 u./box
	Pizza flavoured crisps	Ref. 042320 £ 24.50 5 u./box
	Mediterranean flavoured crisps	Ref. 042321 £ 24.50 5 u./box
	Salt & vinegar flavoured crisps	Ref. 042323 £ 24.50 5 u./box
	Rosemary flavour breadstick	Ref. 042329 £ 24.50 5 u./box
	Sesame flavour breadstick	Ref. 042334 £ 24.50 5 u./box

S1. SAVOURY DISHES & OMELETTES

	Mixed herb omelette	Ref. 041602 £ 24.50 7 u./box
	Cheese flavour omelette	Ref. 041603 £ 24.50 7 u./box
	Bacon and cheese flavour crepe	Ref. 041606 £ 24.50 7 u./box
	Crepe	Ref. 041607 £ 24.50 7 u./box
	Pizza	Ref. 041702 £ 24.50 7 u./box
	Vegetable risotto	Ref. 041703 £ 24.50 7 u./box
	Nuggets	Ref. 041704 £ 24.50 7 u./box
	Bread roll	Ref. 041707 £ 24.50 7 u./box
	Assortment of savoury dishes and omelettes	Ref. 042199 £ 24.50 7 u./box

S1. SOUPS AND CREAMS

	Cream of mushroom soup	Ref. 041502 £ 24.50 7 u./box
	Cream of vegetable soup	Ref. 041504 £ 24.50 7 u./box
	Cheese and pumpkin flavour soup	Ref. 041506 £ 24.50 7 u./box
	Chicken curry flavour soup	Ref. 041505 £ 24.50 7 u./box
	Chicken-flavoured noodles soup	Ref. 041508 £ 24.50 7 u./box
	Assortment of soups and creams	Ref. 041599 £ 24.50 7 u./box

S2. COCKTAIL READY TO USE

	Frankfurt bites	Ref. 032901 £ 7.80 2 u./box
---	-----------------	-----------------------------------



S1. DESSERTS & CONFECTIONERY

	Vanilla flavour dessert	Ref. 041801 £ 24.50 7 u./box
	Chocolate flavour dessert	Ref. 041802 £ 24.50 7 u./box
	Caramel flavour dessert	Ref. 041804 £ 24.50 7 u./box
	Pear and stracciatella flavour dessert	Ref. 041806 £ 24.50 7 u./box
	Coconut flavour dessert	Ref. 041807 £ 24.50 7 u./box
	Banana split flavour dessert	Ref. 041808 £ 24.50 7 u./box
	Lemon flavour dessert	Ref. 041810 £ 24.50 7 u./box
	Rice pudding	Ref. 041903 £ 24.50 7 u./box
	Chocolate flavour cake	Ref. 041906 £ 24.50 7 u./box
	Pancake	Ref. 041907 £ 24.50 7 u./box
	Assortment of desserts and confectionery	Ref. 041899 £ 24.50 7 u./box

SAUCES & COULIS

	Honey	Ref. 030107 £ 11.90 15 u./box
	Raspberry flavour coulis	Ref. 030108 £ 11.90 12 u./box
	Orange flavour coulis	Ref. 030109 £ 11.90 12 u./box
	Apricot flavour coulis	Ref. 030110 £ 11.90 12 u./box
	Caramel flavour coulis	Ref. 030111 £ 11.90 12 u./box
	Chocolate flavour coulis	Ref. 030112 £ 11.90 12 u./box
	Mustard	Ref. 030115 £ 11.90 12 u./box
	Ketchup	Ref. 030116 £ 11.90 12 u./box

SUPPLEMENTS

	Calcium	Ref. 030002 £ 15.60 60 cap.
	Vitamins & minerals	Ref. 030003 £ 22.20 60 cap.
	Magnesium	Ref. 030005 £ 19.20 60 cap.
	Sodium	Ref. 030007 £ 33.80 5 blisters x 20 cap.
	Potassium	Ref. 030008 £ 24.60 8 blisters x 20 cap.
	Ca + Mg + Vitamins + Minerals	Ref. 030009 £ 27.80 30 sachets
	Omega Balance	Ref. 030010 £ 30.50 4 blisters x 10 cap.
	DHA Vita	Ref. 030011 £ 43.50 6 blisters x 10 cap.
	Pack Steps 1, 2, 3	Ref. 030012 £ 67.50
<small>Omega Balance: 2 blisters x 10 cap. Sodium: 3 blisters x 20 caps. Potassium: 5 blisters x 20 cap. Ca+Mg+Vit+Oligoelements: 40 sachets</small>		
	Pack Steps 4, 5	Ref. 030013 £ 49.90
<small>DHA Vita : 4 blisters x 10 cap. Potassium: 4 blisters x 20 cap. Ca+Mg+Vit+Oligoelements: 40 sachets</small>		
	Natur Transit	Ref. 030018 £ 8.70 2 blisters x 15 cap.
	Aero Relax Natur	Ref. 030019 £ 10.70 2 blisters x 20 cap.

S4. MAINTENANCE

	Chocolate and peanut flavour bars	Ref. 032502 £ 24.90 8 u./box
	Chocolate flavour bars	Ref. 032503 £ 24.90 8 u./box
	Apple and yoghurt flavour bars	Ref. 032504 £ 22.80 8 u./box
	Chocolate flavour wafer	Ref. 032601 £ 24.50 7 u./box
	Vanilla flavour wafer	Ref. 032602 £ 24.50 7 u./box

COMMODITIES

	Ketostix	Ref. UK0001 £ 5.50 1 u.
	Pill box	Ref. 010100 £ 6.50 1 u.
	Mixer	Ref. 010103 £ 2.10 1 u.
	Elastic band	Ref. 013001 £ 4.00 1 u.
	Low-calorie milk	Ref. 030102 £ 13.00 20 u./pack
	Mint tablets	Ref. 030113 £ 6.40 25 u./pack
	Stevia	Ref. 030114 £ 4.90 100 u./pack
	Body composition analysis	Ref. CONSULT01 £ 15.00

HOW DO I PLACE MY ORDER?

BY TELEPHONE, E-MAIL OR IN PERSON

Call our team of nutritionist-coaches, who will answer any questions you may have and can book you an appointment or take your order over the phone:
0207 183 2391

Alternatively, send us your order by email to dietitians.uk@pronokalgroup.com

Please note that to be seen by a nutritionist in the clinic, it is essential to book an appointment on 0207 183 2391

PronoKal Group Club

Once you begin the Pnk® Method, you will have free access to the PronoKal Group® Club, a personalised and exclusive virtual platform for our patients.

Call us on **0207 183 2391** or email us at info.uk@pronokalgroup.com.
We will respond within 48 hours.

NUTRITIONAL ADVICE CENTRE **0207 183 2391**

INFORMATION ON EXCHANGING PNK® PRODUCTS

- The cartons must be COMPLETE and in perfect condition, containing all of the original packets.
- Exchanges can only be made within one month of purchase.
- Any costs incurred by the exchange will be borne by the customer.

PRODUCTS THAT DO NOT MEET THESE CONDITIONS WILL NOT BE EXCHANGED.